

Nepro® with CARBSTEADY®

Therapeutic nutrition for people on dialysis

NEPRO WITH CARBSTEADY® is therapeutic nutrition specifically designed to help meet the nutritional needs of people on dialysis (stage 5 CKD). For tube or oral feeding. For supplemental or sole-source nutrition. Use under medical supervision.





- Has $\mathsf{CARBSTEADY}^{\otimes}$, a carbohydrate blend designed to help manage blood sugar response.
- · Designed for people on dialysis with low phosphorus and potassium.
- Excellent source of high-quality protein (19 g /8 fl oz) to help meet nutritional needs and replace protein lost during dialysis.
- In a study of Nepro as supplemental nutrition, 1 patients on dialysis had increased serum albumin, increased serum prealbumin, and improved nutritional status (as signified by subjective global assessment).
- High in calories—1.8 Cal/mL.
- A good source of fiber, including prebiotics.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

Safety Precautions

- · Not for IV use.
- Not suitable for people with galactosemia.

Availability

List Number	Item
64803	Nepro with CARBSTEADY Homemade Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct
63176	Nepro with CARBSTEADY Homemade Vanilla / 8 fl oz (237 mL) Bottle / 4 x 4 ct
62585	Nepro with CARBSTEADY Homemade Vanilla / 8 fl oz (237 mL) Bottle / 24 ct

Abbott Nutrition Abbott Laboratories

¹ Caglar K, et al. Kidney Int. 2002;62(3):1054-1059.

Ingredients

Homemade Vanilla Liquid

Water, Corn Syrup Solids, Caseinates (Calcium, Magnesium, Sodium), High Oleic Safflower Oil, Canola Oil, Sugar, Milk Protein Isolate. Less than 2% of: Soluble Corn Fiber, Glycerin, Short-chain Fructooligosaccharides, Soy Lecithin, Natural & Artificial Flavor, Calcium Citrate, Sodium Citrate, Potassium Citrate, Choline Chloride, Salt, Cellulose Gel, Ascorbic Acid, L-Carnitine, Taurine, Potassium Chloride, Cellulose Gum, Niacinamide, Ferrous Sulfate, Zinc Sulfate, d-Alpha-Tocopheryl Acetate, Pyridoxine Hydrochloride, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Chromium Chloride, Sodium Selenate, Sodium Molybdate, Biotin, Phylloquinone, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

Nutrition Information

	8 fl oz (237 mL)		33.8 fl oz (1 L)	
	Value	%DV	Value	%DV
Protein, g	19		81	
Fat, g	23		96	
Saturated Fat, g	2		8.5	
Trans Fat, g	0		0	
Polyunsaturated Fat, g	4		17	
Monounsaturated Fat, g	16		68	
Cholesterol, mg	7		27	
Carbohydrate, g	38		160	
Dietary Fiber, g	6		25 [*]	
Total Sugars, g	8.4		35.4	
Added Sugars, g	8.3		35.0	
L-Carnitine, mg	63		265	
Taurine, mg	38		160	
Water, g	172		727	
Calories	420		1770	
Vitamin A, mcg RAE	180		759	
Vitamin D, mcg	3.8		16	
Vitamin E, mg	6.8		28.5	

Vitamin K, mcg	19		80	
Vitamin C, mg	23		95	
Folate, mcg DFE	300		1265	
Folic Acid, mcg	180		759	
Thiamin (Vitamin B1), mg	0.60		2.53	
Riboflavin (Vitamin B2), mg	0.50		2.11	
Vitamin B6, mg	2.21		9.32	
Vitamin B12, mcg	1.20		5.06	
Niacin, mg NE	8.0		34	
Choline, mg	140		591	
Biotin, mcg	15		63	
Pantothenic Acid, mg	2.25		9.5	
Sodium, mg	250		1050	
Potassium, mg	225		949	
Chloride, mg	200		844	
Calcium, mg	250		1050	
Phosphorus, mg	170		717	
Magnesium, mg	40		169	
lodine, mcg	38		160	
Manganese, mg	0.60		2.53	
Copper, mg	0.43		1.81	
Zinc, mg	3.0		12.7	
Iron, mg	3.3		14	
Selenium, mcg	14		58	
Chromium, mcg	7.5		32	
Molybdenum, mcg	11		46	
scFOS®, g	NA	NA	NA	NA

 $^{^{\}ast}10\,\mathrm{g}$ of dietary fiber supplied by short-chain fructooligosaccharides.

Abbott Nutrition Abbott Laboratories Columbus, OH 43219



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Preparation	

Instructions for Use:

8 fl oz recloseable carton

- Store unopened at room temperature; avoid extreme temperatures.
- Shake well prior to opening.
- Once opened, reclose, refrigerate and use within 48 hours.
- If consumed directly from the container, cover, refrigerate and use within 24 hours.
- · Oral Feeding:
 - · May be used for supplemental or sole source nutrition.
 - May be fed at room temperature or chilled.
- Tube Feeding:
 - Follow physician's instructions.
 - Adjust flow rate and volume according to patient's condition and tolerance.
 - Feed at room temperature using a feeding pump or syringe.
 - · Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
 - · Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- Administer product at room temperature.
- THOROUGHLY wash hands with soap and water before handling container or feeding set.
- Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- For Use with Enteral Feeding Pumps:
 - Remove dust cover from RTH Safety Screw Cap.
 - Remove dust cover from feeding set connector.
 - Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
 - Turn connector collar clockwise until it is securely fastened.
 - Close clamp on set before inverting container.
 - Invert container and suspend, using hanging ring on bottom of container.
 - Follow directions for use provided by manufacturer of feeding sets.
 - Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.



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